



The Heritage

Heritage Chapter Bluebills
Boeing Retiree Volunteer Newsletter

July 2021

WWW.BLUEBILLS.ORG

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Co-Chairman's Report – July 2021

By Richard Vaughn

“Out of Quarantine and On My Soap Box”

Once Again

This has been a very long and stressful year for all of us and now things seem to be opening up a little - for that we are grateful. We held our first in-person meeting at the Renton VFW last Friday with a small but very friendly and cheerful group. I hope attendance will continue to grow as more members become aware of it.

Over this last year we have had a lot of time to remember all of the good times Bluebills have had since they chartered in 1995 and also the bad times. We have also spent considerable time trying to keep this chapter together in anticipation of the day we can resume our somewhat normal lives. There is one main subject of concern and that is leadership for the coming years. Will there be a Heritage Chapter of Bluebills after December 31, 2021? At the moment it looks very doubtful. Doug Hoople, Don Hilt and I are all completely exhausted after several years of begging and pleading with everyone to please consider and commit to keeping the chapter alive. We have had no responses; suggestions, yes, but no commitments. What do we do now?

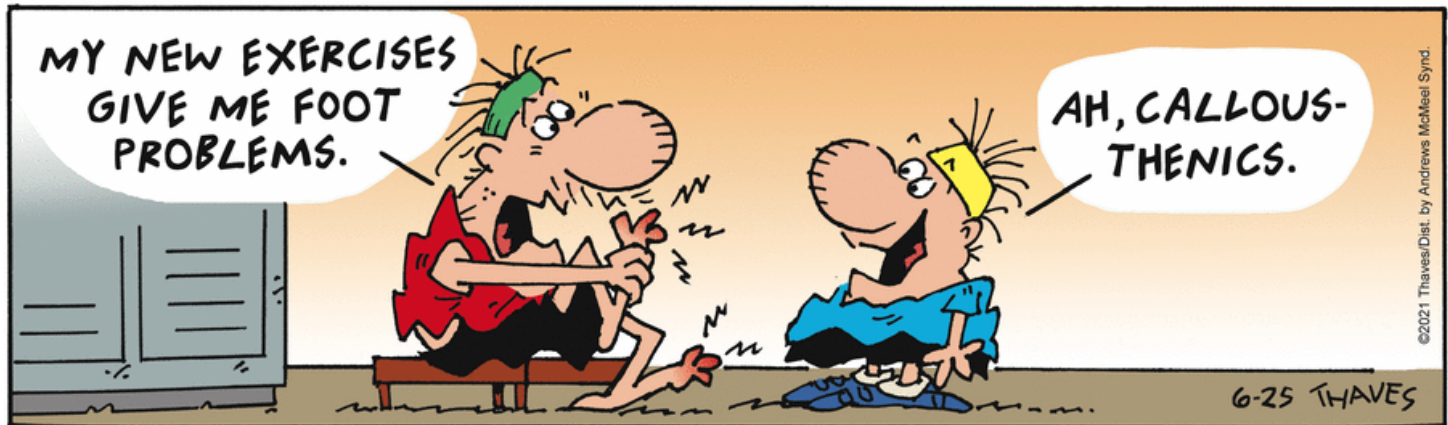
I guess I don't understand or I am also confused as to why a person joins a group to help others but then that is the last you hear from them. I am sure they must be doing the right thing and helping others but how?

We all worked for Boeing a lot of years and they gave us one thing in our careers and that's the opportunity to make a living. It was up to you what you do about it and you made the decisions. That is what the Bluebills organization does. They give you the opportunity to help others. Are you willing to take it? I know there are a lot of you out there that volunteer and help others but we never know because the hours are not being reported to the Bluebills office. The volunteer hours that we report to Boeing help to establish our worth to the Company. The office is now open again after a year of being shut out of Boeing property because of the virus. The office is staffed on Tuesday a.m. from 10:00 a.m. to 12:00 noon. The telephone number is 206-544-6286 and the e-mail address is bluebills@boeing.com or you can contact any of the leadership team.

I personally hope that every one of you have a wonderful summer.

Richard





June In Person Meeting Summary

By Mary Ulibarri

Don Hilt called the meeting to order at 10:20 AM. There were 15 members present. Somewhat disappointing, but we understand there are still folks who are hesitant to come in person. Jim Beasley's 92nd June birthday was recognized by the attendees and here is the current list looking forward to July: Jean Syder, Jerome Durbin, Ted Leyden, Robert Osrowske, Lana Mitsules and best of all -- mine.

A discussion was held on whether the July meeting will be in person at the VFW Hall again, or we will return to the Zoom online meetings. Also, the summer picnic was considered, but due to the lack of funding, it doesn't look likely at this time.

Reminder: No Zoom meetings should be posted on Facebook or other social media due to privacy issues.

NancyLee Davidson informed the group of a **volunteer opportunity** at the Fairwood Golf & Country Club on September 13th sponsored by the Randall Morris Foundation. The arrival time is 8:30 a.m. and will run through approximately 3:00 p.m. It entails driving a VIP such as retired Seahawks Jim Zorn, Walter Jones and Steve Largent and other retired national teams' members around the links in one of the golf carts. Some of the requirements are a valid driver's license, experience and safety requirements while driving a golf cart and proper dress attire. While there will be food and beverages provided on the course, the driver must abstain from any alcohol consumption. **Interested individuals may contact NancyLee at nld98178@yahoo.com. Or best by telephone at 206-290-9506.**

Volunteer hours may be submitted to Mary Ulibarri at marybarri@centurylink.net or Dick Beham at bbbeditor@live.com. It is recognized that members have trimmed back their volunteering these days, but we will still keep track and turn in reports to Boeing at some point.



HELPING LINK | MỘT DẤU NỐI SUMMER 2021 NEWSLETTER



VOLUNTEER WITH US!

WE'RE SEARCHING FOR VOLUNTEERS INTERESTED IN:

- Event Planning
- Adult Education
- Web Design
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- Leadership
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Grow your skills and support your community. Contact us today!

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ADVOCACY UPDATE

The Chinook is the Army's go-to heavy-lift helicopter. Unfortunately, its latest model – The Chinook Block II – will shut down without a replacement unless Congress supports this critical program. That would be a loss of essential battlefield capabilities, as well as hundreds of manufacturing companies and tens of thousands of jobs put at risk.

This is your last chance to contact your elected official and tell them American soldiers and manufacturing workers need the Chinook!

Take action today by texting "CHINOOK" to 61579 or by visiting watchusfly.com/Chinook



Eastside Stories

Native Americans of Puget Sound and the Eastside Part One

EARLY YEARS: PRE-EUROPEAN CONTACT

BY BARB WILLIAMS, EHC VOLUNTEER

Native American stories often begin with the words “In the Early Days Long Ago when the world was very young-----”. This story about the indigenous peoples that inhabited the shores of Lake Washington and the Eastside begins thousands of years ago before white settlers came to the region. The story is grounded in years of research and oral histories.

The area was beautiful with an abundance of natural resources. Freshwater flowed into Lake Washington from the many creeks along its shores. Water was plentiful as was the flora and fauna found along its banks and hills. The Black River at the south end of the lake was the only outlet to the saltwater. It connected to the Duwamish River that emptied into Elliott Bay. These rivers provided the passageway along which the adult salmon returned annually to the lake to spawn and for the young salmon to begin their journey downstream to the saltwater. This critical feature provided the people with a food source upon which they depended. For this reason, they often built their villages at the mouths of creeks where the salmon spawned. The land-locked Kokanee salmon that inhabited the lake were prized by other groups who travelled from the north to fish and return home with the tender meat. Arthur Ballard, a resident of Auburn, Washington, called these indigenous people, The Lake People or hah-chu-AHBSH. HAH -chu means “lake” and ahbsh means “people of”. Most of these people belonged to the Duwamish or Snoqualmie; sub groups of the Coast Salish. They spoke Chinook jargon, but also their own local dialect. Many of the place-names in use today originated with the names of these peoples.



Lake Washington before water was lowered, 1915.
(L96.025.020)

Archaeological sites on the Eastside have revealed much about these early Native Americans. One of the oldest sites is at Tokul Creek flats which is at the confluence of Tokul Creek and the Snoqualmie River, below the falls. According to archaeologist, Astrid Blukis Onat, who studied the site in 1967, the area was used for over 2,500 years. Another important site is the one at Marymoor Park situated along the Sammamish Slough in Redmond. More than a thousand artifacts were found revealing a hunting civilization: arrowheads, blades, and awls used to punch holes in hides were among the

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items discovered there. Along the Black River two villages were found. The first was inhabited from about 1790 to 1825 and the second between 1850 to 1856. There have been eighteen sites studied around the shores of Lake Washington. Each village site revealed dwelling(s), artifacts and had its own burial ground. The tu-oh-beh-BAHBSH site near Thorton Creek revealed one house and access to the large cranberry bog where Northgate is presently located. The TAHB-tah-byook site is located at the mouth of Juanita Creek with possibly seven houses. They enjoyed feasting on what was considered some of the best Wapato in the Puget Sound area. The Wapato, often referred to as the Indian Potato, was a staple food plant for the native Americans. The root was roasted like a potato and was a source of starch. The SAH-tsa-kah-LUBSH (head of the slough people) had three houses on the Mercer Slough and close to present-day Factoria. It was an important site being the terminus at the lake for the trail that lead to Lake Sammamish, onward to Snoqualmie prairies where trading took place, and to areas east of the Cascade Mountains. It was along this trail that one hundred Yakima and Wenatchee Indian warriors came in 1855 to fight the Battle of Seattle. The village site and its headman, Che-shi-ahud (Lake John), sheltered the warriors. To the northwest at Meydenbauer Bay, the villagers caught peamouth fish in Meydenbauer Creek. The long marsh that stretched south of the village for three miles was a productive natural resource. Women dug cattail roots for food and used the leaves to make mats often used for house construction when the people left the winter houses for their summer harvesting grounds. The marsh grasses along with twigs and bark provided materials for baskets woven by the women. Some were so tightly woven, they could hold water and were used for cooking. Volcanic rocks were heated in the fire and then placed in the water at intervals to keep the water hot. In this way the food was cooked or boiled. Some foods such as salmon were dried. This was the case at the village site called, shu-bahl-tu-AHBSH (drying house people) located at May Creek where the salmon runs were plentiful. The fish were dried on racks or cured in the smoke houses.

A popular deer hunting area was a field on Mercer Island where the deer were driven across the water to a location near Beaux Arts. Here they came ashore exhausted from their swim and were killed. The Native Americans hunted on Mercer Island, but never stayed overnight due to a belief that a monster lived at the top of the island and the island sank into the lake at night. This idea may have originated with the changing water levels due to seasonal flooding, landslides and other natural causes. Presently, there are two known upright, underwater forests that slid into the lake: one at the north end of the island and the other at the south end.



A large western red cedar bark berry-picking basket. (C2-64)

There was much trading among local and outside groups. Trade pathways from Elliott Bay to east of the Cascade mountains developed. Northern peoples came to trade, visit and raid the villages for slaves and goods. Marriages were common between villages and peoples of different groups. During the summer months, there was much celebrating and villagers could be found at their summer harvest sites. When the salmon runs came in the fall, everybody worked. During the winter months, the people returned to their winter homes, processed the summer's harvest, made items for use and danced and

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sang in celebration of the ancestors and spirits.

The Lake People, like many indigenous peoples, developed a clever technology to support their daily needs. From basketry, tools, clothing, canoes, house construction, hunting tools and so much more, they relied on the natural resources in their environment. A specialized duck harpoon was created that had two prongs that caught in the feathers of the ducks. When the migrating flocks of waterbirds came to the lake and marsh, the men set fires on clay hearths in their canoes. The flickering of those fires could be seen at night along the shorelines. The fires drew the birds out of the marshes whereupon they were ensnared in large nets made from the twine of stinging nettle plants, or caught with the duck harpoon.

Much of the local Native American Pre-European Contact history is observed or spoken. Thanks to researchers and contributors, it is being discovered and valued for the wonderful lessons the Lake People of Lake Washington and Puget Sound have to teach us. Over all, life seemed good for the people and resources plentiful during this historic time.



The Club at Snoqualmie Ridge has hosted the PGA TOUR champions event since its inception in 2005. The field of 78 golfers test their mettle on our Jack Nicklaus designed course.

Dates: August 16th - 22nd 2021

Field 78 Champions Tour Professionals

Format: 54 holes of stroke play with no cut

Purse: \$2.1 Million

Site: The Club at Snoqualmie Ridge

Par: 72 | 7,264 yards

For additional information, please visit the [Boeing Classic website](#).

[*Volunteer Registration*](#)

Today is the Eighth Day

Submitted by Heinz Gehlhaar

And on the 8th day, God created Seniors. Most seniors never get enough exercise. In His wisdom, God decreed that seniors become forgetful so they would have to search for their glasses, keys, and other things, thus doing more walking. And God looked down and saw that it was good.

Then God saw there was another need. In His wisdom He made seniors lose coordination so they would drop things, requiring them to bend, reach, and stretch. And God looked down and saw that it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good.

So if you find, as you age, you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.

Italian Hot Dish

Ingredients

- 1-1/2 cups uncooked multigrain bow tie pasta (about 4 ounces)
- 1 pound lean ground beef (90% lean)
- 1 cup sliced fresh mushrooms, divided
- 1/2 cup chopped onion
- 1/2 cup chopped green pepper
- 1 teaspoon dried oregano
- 1/2 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1/8 teaspoon pepper
- 1 can (15 ounces) tomato sauce
- 1/2 cup shredded part-skim mozzarella cheese, divided
2 tablespoons grated Parmesan cheese, divided

Directions

- Preheat oven to 350°. Cook pasta according to package directions for al dente; drain.
- Meanwhile, in a large skillet coated with cooking spray, cook and crumble beef with 1/2 cup mushrooms, onion and green pepper over medium-high heat until no longer pink, 5-7 minutes. Stir in seasonings and tomato sauce; bring to a boil. Reduce heat; simmer, covered, 15 minutes.
- Place pasta in an 8-in. square baking dish coated with cooking spray. Top with meat sauce and remaining mushrooms. Sprinkle with 1/4 cup mozzarella cheese and 1 tablespoon Parmesan cheese.
- Bake, covered, 35 minutes. Uncover; sprinkle with remaining cheeses. Bake until heated through and cheese is melted, 5-10 minutes.

In Person Meetings
Resume June 25, 2021
Calendar of Events 2021

Jan 14	Heritage Leadership Meeting
Jan 29	Chapter Monthly Meeting
Feb 11	Heritage Leadership Meeting
Feb 26	Chapter Monthly Meeting
Mar 11	Heritage Leadership Meeting
Mar 26	Chapter Monthly Meeting
Apr 15	Heritage Leadership Meeting
Apr 30	Chapter Monthly Meeting
May 13	Heritage Leadership Meeting
May 28	Chapter Monthly Meeting
Jun 10	Heritage Leadership Meeting
Jun 25	Chapter Monthly Meeting
Jul 30	Chapter Monthly Meeting
Aug 28	Chapter Picnic— <i>TBD</i>
Sep 16	Heritage Leadership Meeting
Sept 24	Chapter Monthly Meeting
Oct 29	Chapter Monthly Meeting
Nov 19	Chapter Monthly Meeting
Dec 9	Heritage Leadership Meeting
Dec 17	Chapter Monthly Meeting (<i>Potluck - TBD</i>)

Food Bank Schedule For 2021

Cash donations collected at each monthly meeting to be given to a different food bank each month.

January	Highline	Heinz Gehlhaar
February	Bellevue	Doug Hoople
March	Federal Way	Lonnie Stevenson
April	Maple Valley	Vaughn's
May	Kent	Melinda Stubbs
June	Auburn	Martha Battles
July	West Seattle	Heinz Gehlhaar
August	Tacoma	Ted & Judy Leyden
September	Renton	Eleanor Skinner
October	White Center	Heinz Gehlhaar
November	Des Moines	Lonnie Stevenson
December	Issaquah	Eleanor Skinner

Bluebills - Heritage Chapter
PO Box 3707 M/C 1K-B02
Seattle, WA 98124
(206) 544-6286

e-mail: bluebills@boeing.com

Web Site: www.bluebills.org

Richard Vaughn **Vice-Chairman**
rhvaughn32@msn.com

Don Hilt **Vice-Chairman**
dphilt1980@aol.com

Doug Hoople **Vice-Chairman**
ddhoople@earthlink.net

(Open) **Agency Relations/
Volunteer Coordinator**
bluebills@boeing.com

Lonnie Stevenson **Public Relations**
icebear01@comcast.net

Norma Vaughn **Office Manager**
abbyrose00@msn.com

Mary Ulibarri **Community Outreach**
marybarri@centurylink.net

(Open) **Education**
bluebills@boeing.com

Marcia Phelps **Historian**
mlp14331@hotmail.com

Dick Beham **Computers**
bluebills@boeing.com

Dick Beham **Newsletter—Webmaster**
bbbeditor@live.com

Mary Ulibarri **Newsletter Co-Editor**
marybarri@centurylink.net

Janice Hawes **Busy B's**
j.s.hawes@comcast.net

Jim Beasley **Speaker Coordinator**
jimcarlab@hotmail.com

(Open) **School Supplies for Children**
bluebills@boeing.com

**Don't Forget to
Report Your Hours!**

Bluebills Heritage Chapter Meeting



“In Person Chapter Meeting”

July 30, 2021 10:00AM

Social 10:00AM — 11:30AM

Coffee and Doughnuts provided

Bring a non-perishable food item to monthly meetings to be given to a different food bank each month.

Please Note:

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

Bluebills Monthly Volunteer Hours

Volunteer Name _____

Phone Number _____

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

_____ **Hours worked** _____ **For** _____
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 1K-B02, Seattle, WA 98124
Email to bluebills@boeing.com or bring to Bluebills monthly meeting